



ST. BARNABAS'
EPISCOPAL CHURCH
A welcoming community of faith

We are called by God to see Christ in all persons, grow in faith and live in joyful fellowship with one another.

Your Weekly e-News - August 7, 2020

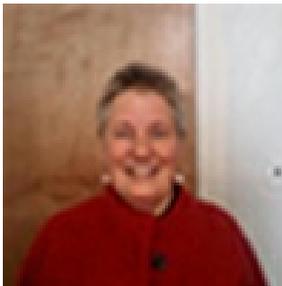
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LIFE IN CHRIST - REFLECTIONS FROM OUR RESOURCE PRIEST, THE REV. SARAH NELSON

Grace to You and Peace. So begins so many of Paul's epistles to the people of faith as they live into their lives of faith and faith in community. So I begin as you and I, the people of Saint Barnabas and I, your resource priest for these next days as we move forward together in a new and sometimes awkward world. Around us the world has changed and now, as on any journey, we are adapting. We are attempting to figure out what to take forward and what can be left behind. Even simple things - like the way that we gather for worship and the way we manage the business of the church - have been rethought and redesigned so that we can do our work and keep ourselves and one another safe. I find myself so hungry for the words of scripture. I think of those multitudes of times when the angels of the Lord come to people like me and say, "Fear not, for I am with thee." Or times when God's people stop and listen for God's direction and move in faith. One reassuring thought is that when God calls to us, God does not expect perfection. God knows our humanity and realizes that missteps will be taken. But God also knows our human spirit: that we will pick ourselves up, hopefully learn a thing or two, and continue the journey. ... [Read More](#)



When In Quarantine

PEOPLE who are in quarantine are not isolated if they have a Bell Telephone.

The Bell Service brings cheer and encouragement to the sick, and is of value in countless other ways.

Friends, whether close at hand or far away, can be easily reached, because Bell Service is universal service.



NEW YORK TELEPHONE CO.

THIS SUNDAY



TENTH SUNDAY AFTER PENTECOST

**Public Worship
in the Sanctuary
Sunday, August 9, 2020
10:00 a.m.**

Jesus Walking on Water
Matthew 14:22-33

WHAT TO EXPECT:

- When we are indoors in the Sanctuary, masks must be worn. We will provide masks for anyone who needs them.
- You will be seated by one of the ushers when you arrive.
- Physical distancing must be adhered to while waiting to be seated. Members of the same family may sit together.
- The Order of Service for that day, along with the readings and notices,

will have been placed on the pews. Please use this during the service and take it with you when you leave.

- Restrooms are closed except for emergencies.
- The Lounge, Office and Great Hall will be closed.
- There will be music but we will be unable to sing.
- Offerings can be left in the collection plate.
- Communion will be in one kind only. Communicants will line up before the altar to receive the host in the palm of their hand. The sacrament can be consumed once you are back in your seat.
- In this warmer weather, members may wish to bring bottled water to the service.
- Hand sanitizers will be available.
- A "virtual" coffee hour via Zoom will begin at 11:30 a.m. (see below for more details.)

All are invited, but we ask that all members, especially those with underlying health conditions, carefully assess the risk to themselves before attending.

If you aren't sure if this is the right time for you to return to church, then don't worry. We will continue to offer online services as before. (See below for more information.)

Online Sunday Worship at St Barnabas

HOLY EUCHARIST on YOUTUBE

Sunday, August 9, 2020
The Tenth Sunday after Pentecost

The online service will include three hymns: an Opening Hymn: 390 - Praise to the Lord; an Offertory Hymn: 608 - Eternal Father, Strong to Save; and a Closing Hymn: 398 - I Sing the Almighty Power of God, played by Dr. Michael Larkin, aided by Lisa Bowe, with lessons read by Ed Rowles and Lisa, and the Prayers of the People led by Ed. The service will include a sermon by The Rev. Sarah Nelson.

A link to the service will be sent to members **by 7:00 a.m. on Sunday morning**, or you will be able to access the service through our YouTube account by clicking on the Online Worship link below (where you may also view any of our previous online services as well):

<https://www.youtube.com/channel/UCgYeLP1pWrJvz-JV9gEjoqA>

Scripture Readings for This Sunday

1 Kings 19:9-18
Psalms 85:8-13
Romans 10:5-15
Matthew 14:22-33



**This Sunday, August 9
11:30 a.m.**

Join Senior Warden Ed Rowles for **Coffee and Conversation** following the Sunday Eucharist. Entry by Zoom app. A link will be sent to members **by 7:00 AM on Sunday morning**. If you are interested in joining us, please contact Ed at erowles@comcast.net or 302-562-4580.

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LOOKING AHEAD.....

SPECIAL BISHOP'S FORUM Sunday, August 23



Our usual **Coffee and Conversation** on Sunday, August 23rd **will be replaced by the "Bishop's Forum with St Barnabas"**. It will be by Zoom at 11:30 a.m. after the Sunday Worship. Bishop Brown will be joining us to share his insight and guidance.

CHURCH OFFICE SUMMER HOURS Monday through Thursday 9:00 a.m. to 2:00 p.m. (through August 28)

**We will resume our regular
schedule of 9:00 a.m. to 2:00 p.m.
Monday through Friday
beginning the week of August 31.**

E V E N T S



**Listening Circle
Saturday, August 8
3:30 p.m. - 4:30 p.m.'ish
(we will not meet if raining)**

This Saturday, we will again be meeting for our Listening Circle. Bring your own lawn chair or blanket and meet under the oak trees at St Barnabas where we will open our hearts/minds and listen to shared stories, feelings, experiences from among those who show up. This is an informal, but intentional, session focused on the sacred act of listening.

**Online Bible Study
Tuesday, August 11 at 11:00 a.m.**



(Remember, this is
a **TIME** change!)

This week we look at chapter 19 of the First Book of Samuel, led by The Rev. Sarah Nelson. Bible study is conducted online via Zoom. Regular attendees will be sent a link on the day. If you are interested in joining, or for further information, please the office at 302-994-6607 or stbarnabasOffice@comcast.net.



Bishop Brown calls us all to take part in the 21 Day Racial Equity Challenge from August 17 to September 6.

Led by the United Way of Delaware and YWCA Delaware, the challenge is a state-wide journey (never leaving our homes) into the history of racism here at home in Delaware. The Episcopal Church in Delaware is a partner (a "challenge champion") in this effort. A personal commitment of time (5-30 minutes a day for three weeks), an internet connection, and openness to learning are all that are required. Read more [here](#). Registration is expected to open in August.

NOTICES



NOTES FROM THE MUSIC DIRECTOR

My dear friends in Christ,

My Bible verse for thought and reflection this week is Psalm 149:3:

"Let them praise his name in the **dance**: let them sing praises unto God with the timbrel and harp. (KJV)

In her sermon this past week, Sarah mentioned that when I played my piano meditation on the Shaker tune, "Simple Gifts," it made all the more poignant her memory and anniversary of a young man's funeral where that tune was played. Oh, what power music can have in our lives. Whether singing, playing, or listening to it, few things touch our emotions, our moods, our memories as does music. Music entertains us, helps us to work or do chores, and especially enhances our worship experiences.

When we experience the performing arts, especially choral music and ddrama, we observe or experience concrete depictions of previously lived experiences. Then, after thought and reflection, perhaps those past experiences become more meaningful, more insightful, and perhaps better understood.

And speaking of "Simple Gifts," it is a dance, hence, the reason for my weekly Bible verse. First, the Shakers were a religious sect founded around 1750 in England and organized in America in the 1780's with their initial settlement in

Watervliet, NY. They were known as "Shakers" because of their rather ecstatic behavior during worship services. They practiced an egalitarian society where women had many leading roles. They also practiced a celibate and communal lifestyle, pacifism, and were known for their simple living, technological innovation, furniture, and hundreds of songs and dances. Because of their celibate lifestyle and increasingly restrictive adoption laws only a few Shakers remain, still in New York state.

Although many persons consider "Simple Gifts" a folk song, or an anonymous Shaker tune, it was composed by one Joseph Brackett in 1848 in Alfred, Maine where his father's farm helped form the nucleus of a new Shaker settlement.

*'Tis the gift to be simple, 'tis the gift to be free
'Tis the gift to come down where we ought to be,
And when we find ourselves in the place just right,
'Twill be in the valley of love and delight
When true simplicity is gained,
To bow and to bend we shan't be ashamed,
To turn, turn will be our delight,
Till by turning, turning we come 'round right.*

Several Shaker manuscripts indicate that this is a "dancing song" or a "quick dance." "Turning" is a common theme in Christian theology, but the references to "turning" in the last two lines have also been identified as dance instructions. When the traditional dance is performed properly, each dancer ends up where they started, they "come 'round right."

The song was largely unknown outside of Shaker circles until the American composer Aaron Copland included the tune in his ballet, "Appalachian Spring." Copland also set the tune in his collection of 10 solo songs, "Old American Songs," that I have sung many times over the years. His arrangement has also been orchestrated and arranged for chorus. There have been numerous other settings of the tune for both instruments and/or voice. Fortunately, with its wonderful theology and captivating tune, it now is included in most major denominational hymnals.

I invite you to copy or click on the following link and enjoy a not particularly simple, but nonetheless a very beautiful arrangement of the Shaker tune, "Simple Gifts," as sung by the arranger.

https://youtu.be/dM1_i-xMB7U

May we always praise God's name in the **dance**, and sing praises to God with timbrel (tambourine), harp and our voices.

Blessings,

Dr. Michael Larkin
Director of Music Ministry

New Organ Update!

Cornel Zimmer Organ Builders
continues to make progress on



the organ console, which is being made out of beautiful cherry hardwood. The console pieces are all ready to be assembled as soon as the organ pedals arrive (I guess those are for the gas and brakes?? 😊). I will send another update when the console is put together. We are hoping that the organ will be complete in late August or early September, barring no other delays of parts from vendors.

We are looking to remove our beloved old organ out in early August to begin preparation for the new organ installation. Michael will be organizing an appropriate send-off for the old organ and will share more information shortly.

If there are any questions about the organ, please contact Michael Larkin (mlarksing@aol.com) or myself (brian.r.engler@gmail.com).

Sincerely,

Brian Engler

OUTREACH



FAMILY PROMISE NEWS

MEALS FOR FAMILY PROMISE

We were blessed in July to deliver two dinners during our week with Family Promise. Our guests were very grateful and literally found it amazing that people in the community would step in to help in this way. A mother was in the thick of getting her kids their physicals for school. Her quote, “you don’t know how much this dinner means to us after adjusting to this, dealing with Covid and my children’s fears, and then having some time to sit down and talk with my daughters over a dinner that was prepared for us.”

That’s a thank you to everyone who volunteers in this program!!

SUPPLY DONATIONS COMPLETE

A big Thank You to our supply donors who overflowed the bin in the lobby! Your efforts and thoughtfulness are much appreciated, especially when these items can be hard to find. Everything was delivered on Thursday, July 16.

Our next volunteer week is in January 2021.

Thanks for your attention, and please keep our families and all who are suffering through this exceptional time in our prayers.

Cindy Richards
302-690-0751

Community Church Outreach - Update

Currently, the Community Church can use more donations of canned vegetables, regular size boxes of cereal (not family size), canned tuna, and pasta sauce. They will also accept produce from home gardens.

You may drop off your donation in the lobby of St. Barnabas Monday through Thursday from 9am - 2pm. Thank you. If you should have any questions, please contact Amy Quillen, [302-533-5768](tel:302-533-5768).

The Community Church Outreach is affiliated with Friendship House. The terminal goal of the Outreach is to one day become an empowerment center just like the empowerment center on Main Street in Newark.

BIRTHDAYS AND ANNIVERSARIES

Below are listed Birthdays and Anniversaries for August. Please contact the church office of stbarnabasOffice@comcast.net to let us know if you're not listed or the date is incorrect.

AUGUST BIRTHDAYS

4 - Sofia Trabelsi
6 - George (Randy) Kusel
6 - Marci Abbott
7 - Lynda Harriss
7 - Bonnie McDonald
8 - Joanne Figliola
8 - Bill Johnson
10 - Jeffrey Bowersox
11 - Carl Fink
12 - Robyn Webb
12 - Margaret York
14 - Anne Friel
15 - Jeremy Green
16 - Scott Gracie
17 - Peter King
17 - Debbie Pride
18 - Matthew Kaser
18 - Joseph Budna
19 - Judy Stanard
20 - Collin Green
20 - Sandra Graper
25 - James King
27 - Yousef Trabelsi
28 - Marti LaRue

AUGUST ANNIVERSARIES

5 - Dick & Betty Hoffman
6 - Muriel & Robert deBussy
8 - Andrea & Zouhir Trabelsi
14 - Juliett & Stephen
Steenkamer
20 - Charlotte & David Sheehan
29 - Sandra & John Graper

A Prayer for all those affected by the Coronavirus

Keep us, good Lord,
under the shadow of your mercy.
Sustain and support the anxious,
be with those who care for the sick,
and lift up all who are brought low;
that we may find comfort
knowing that nothing can separate us from your love
in Christ Jesus our Lord.
Amen.

PLEASE PRAY FOR THOSE WHO NEED HEALING AND COMFORT:

Arlene & Dave Carpenter, John Materis, Gail Calhoun, Leon Slocomb,
Nancy Clapp, Anne Priebe, Patty, Bruce Clinton, Sr Rosie, Lilly Walker,
Thomas Boyle, David Jefferson, Maria LaValle, Peggy Bachman, Carl, Eileen,
Nick Sloman, Donna, Lydia, Alice Cabbage, Jeannie, Anne Dixon & Family.

Those serving in the Armed Forces. Those who are homebound.

Those who have died, especially Steve Dixon.



PLEASE PRAY FOR the First Responders, EMS, Paramedics, Doctors, Nurses, Hospital Aides, Respiratory Therapists, Medical Technicians, and Medical Assistants; for Environmental Services, Social Workers, Phlebotomists, Security Services, and Food Services; for Policemen, Firemen, and Ambulance Drivers. Pray also for all those we cannot see but are hard at work providing care for the sick.

May God walk with them every step of their day and guide them. Open their hearts to see you at work in the world around them, including especially Leslie, Lydia, Kathi, Stephen, Mike, Ali, Caroline and Magdy.

EPISCOPAL CHURCH IN DELAWARE

MORNING PSALM AND PRAYERS

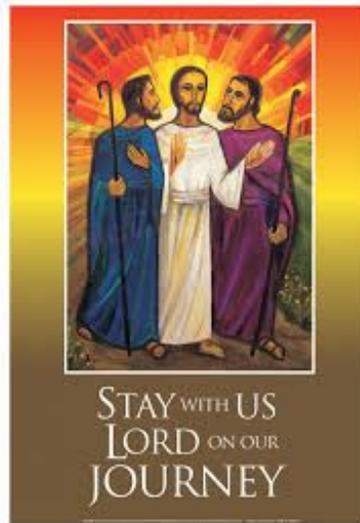
August 5, 2020 issue of *The NET*, please click on the links below:

[**DELAWARE COMMUNION**](#)

Summer 2020 issue

[**The NET**](#)

August 5, 2020 issue



VESTRY MEMBERS

Sr. Warden: Ed Rowles (2021)

Jr. Warden: Joanne Figliola (2022)

Jeff Bowersox (2023)

Bob Haushalter (2023)

Alan Irwin (2021)

Valerie Jackson (2022)

Bob Jefferson (2022)

Pat McDonald (2023)

Sarah Smith (2023)

John Warrington (2022)

Marian Weir (2021)

Lydia York (2021), Vestry Clerk

Recording Secretary: Debbie McGonigal
