



***Morning Prayer  
from the day after Ascension Day  
until the Day of Pentecost***

**Preparation**

O Lord, open our lips

***All*** and our mouth shall proclaim your praise.

Send your Holy Spirit upon us,

***All*** and clothe us with power from on high. Alleluia.

Blessed are you, creator God,  
to you be praise and glory for ever.

As your Spirit moved over the face of the waters  
bringing light and life to your creation,  
pour out your Spirit on us today  
that we may walk as children of light  
and by your grace reveal your presence.

Blessed be God, Father, Son and Holy Spirit.

***All*** Blessed be God for ever.

*A Song of God's Righteousness*

- 1 Bless the Lord, O my soul,  
and all that is within me bless his holy name.
- 2 Bless the Lord, O my soul,  
and forget not all his benefits;
- 3 Who forgives all your sins  
and heals all your infirmities;
- 4 Who redeems your life from the Pit  
and crowns you with faithful love and compassion;
- 5 Who satisfies you with good things,  
so that your youth is renewed like an eagle's.
- 6 The Lord executes righteousness  
and judgement for all who are oppressed.
- 7 He made his ways known to Moses  
and his works to the children of Israel.
- 8 The Lord has established his throne in heaven,  
and his kingdom has dominion over all.
- 9 Bless the Lord, you angels of his,  
you mighty ones who do his bidding  
and hearken to the voice of his word.
- 10 Bless the Lord, all you his hosts,  
you ministers of his who do his will.

11 Bless the Lord, all you works of his,  
in all places of his dominion;  
bless the Lord, O my soul.

*Psalm 103.1-7, 19-22*

**All** **Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

The night has passed, and the day lies open before us;  
let us pray with one heart and mind.

***Silence is kept.***

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever.

**All** **Amen.**

***Psalmody***

*One or more of the following psalms are said*

***Psalm 93***

**Refrain: The Lord shall reign for ever and ever.**

1 The Lord is king and has put on glorious apparel;  
the Lord has put on his glory  
and girded himself with strength.

- 2 He has made the whole world so sure  
that it cannot be moved.
- 3 Your throne has been established from of old;  
you are from everlasting.
- 4 The floods have lifted up, O Lord,  
the floods have lifted up their voice;  
the floods lift up their pounding waves.
- 5 Mightier than the thunder of many waters,  
mightier than the breakers of the sea,  
the Lord on high is mightier.
- 6 Your testimonies are very sure;  
holiness adorns your house, O Lord, for ever.

**All** **Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

**Refrain:** **The Lord shall reign for ever and ever.**

### *Psalm 96*

**Refrain:** **O worship the Lord in the beauty of holiness.**

- 1 Sing to the Lord a new song;  
sing to the Lord, all the earth.

- 2 Sing to the Lord and bless his name;  
tell out his salvation from day to day.
- 3 Declare his glory among the nations  
and his wonders among all peoples.
- 4 For great is the Lord and greatly to be praised;  
he is more to be feared than all gods.
- 5 For all the gods of the nations are but idols;  
it is the Lord who made the heavens.
- 6 Honor and majesty are before him;  
power and splendor are in his sanctuary.
- 7 Ascribe to the Lord, you families of the peoples;  
ascribe to the Lord honor and strength.
- 8 Ascribe to the Lord the honor due to his name;  
bring offerings and come into his courts.
- 9 O worship the Lord in the beauty of holiness;  
let the whole earth tremble before him.
- 10 Tell it out among the nations that the Lord is king.  
He has made the world so firm that it cannot be moved;  
he will judge the peoples with equity.
- 11 Let the heavens rejoice and let the earth be glad;  
let the sea thunder and all that is in it;
- 12 Let the fields be joyful and all that is in them;  
let all the trees of the wood shout for joy before the Lord.

13 For he comes, he comes to judge the earth;  
with righteousness he will judge the world  
and the peoples with his truth.

**All** **Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

**Refrain:** O worship the Lord in the beauty of holiness.

### *Psalm 97*

**Refrain:** You, Lord, are most high over all the earth.

1 The Lord is king: let the earth rejoice;  
let the multitude of the isles be glad.

2 Clouds and darkness are round about him;  
righteousness and justice are the foundation of his throne.

3 Fire goes before him  
and burns up his enemies on every side.

4 His lightnings lit up the world;  
the earth saw it and trembled.

5 The mountains melted like wax at the presence of the Lord,  
at the presence of the Lord of the whole earth.

6 The heavens declared his righteousness  
and all the peoples have seen his glory.

- 7 Confounded be all who worship carved images  
and delight in mere idols.  
Bow down before him, all you gods.
- 8 Zion heard and was glad, and the daughters of Judah  
rejoiced,  
because of your judgements, O Lord.
- 9 For you, Lord, are most high over all the earth;  
you are exalted far above all gods.
- 10 The Lord loves those who hate evil;  
he preserves the lives of his faithful  
and delivers them from the hand of the wicked.
- 11 Light has sprung up for the righteous  
and joy for the true of heart.
- 12 Rejoice in the Lord, you righteous,  
and give thanks to his holy name.

**All** **Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

**Refrain:** **You, Lord, are most high over all the earth.**

*If there are two Scripture readings, the first may be read here, or both may be read after the canticle.*

Monday: Numbers 22:1-35  
Tuesday: Numbers 22:36 - 23:12  
Wednesday: Numbers 23:13-end  
Thursday: Numbers 24  
Friday: Numbers 27:12-end  
Saturday: Numbers 32:1-27

*A Song of Ezekiel may be said:*

**Refrain: The Spirit of God fills the whole world. Alleluia.**

- 1 I will take you from the nations,  
and gather you from all the countries.
- 2 I will sprinkle clean water upon you,  
and you shall be clean from all your uncleannesses.
- 3 A new heart I will give you,  
and put a new spirit within you,
- 4 And I will remove from your body the heart of stone  
and give you a heart of flesh.
- 5 You shall be my people,  
and I will be your God.

***All* Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

**Refrain:** The Spirit of God fills the whole world. Alleluia.

*One or more readings appointed for the day are read.  
The reading may be followed by a time of silence.*

Monday: Luke 7:36-end  
Tuesday: Luke 8:1-15  
Wednesday: Luke 8:16-25  
Thursday: Luke 8:26-39  
Friday: Luke 8:40-end  
Saturday: Luke 9:1-17

*A responsory in this form follows*

Come, Holy Spirit, fill the hearts of your people  
**All and kindle in us the fire of your love.**

All who are led by the Spirit of God  
are children of God and fellow-heirs with Christ.  
**All Come, Holy Spirit, fill the hearts of your people.**

Renew the face of your creation, Lord,  
pouring on us the gifts of your Spirit,  
**All and kindle in us the fire of your love.**

For the creation waits with eager longing  
for the glorious liberty of the children of God.  
**All Come, Holy Spirit, fill the hearts of your people  
and kindle in us the fire of your love.**

*cf Romans 8*

## ***Gospel Canticle: The Benedictus (Song of Zechariah)***

***All*** They who wait upon the Lord shall renew their strength;  
they shall mount up with wings as an eagle. Alleluia.

- 1 Blessed be the Lord the God of Israel, •  
who has come to his people and set them free.
- 2 He has raised up for us a mighty Savior, •  
born of the house of his servant David.
- 3 Through his holy prophets God promised of old •  
to save us from our enemies,  
from the hands of all that hate us,
- 4 To show mercy to our ancestors, •  
and to remember his holy covenant.
- 5 This was the oath God swore to our father Abraham: •  
to set us free from the hands of our enemies,
- 6 Free to worship him without fear, •  
holy and righteous in his sight all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High, •  
for you will go before the Lord to prepare his way,
- 8 To give his people knowledge of salvation •  
by the forgiveness of all their sins.
- 9 In the tender compassion of our God •  
the dawn from on high shall break upon us,

- 10 To shine on those who dwell in darkness and the shadow of death, •  
and to guide our feet into the way of peace.

*Luke 1.68-79*

**All** **Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

**All** **They who wait upon the Lord shall renew their strength;  
they shall mount up with wings as an eagle. Alleluia.**

Through Christ, who ever lives to make intercession for us,  
let us pray to the Lord.

Lift up our hearts to the heavenly places  
and inspire us to serve you as a royal priesthood:

**All** **Lord, hear our prayer.**

Let all peoples acknowledge your kingdom  
and grant on earth the blessing of peace:

**All** **Lord, hear our prayer.**

Send down upon us the gift of the Spirit  
and renew your Church with power from on high:

**All** **Lord, hear our prayer.**

May peace abound and righteousness flourish,  
that we may vanquish injustice and wrong:

**All** **Lord, hear our prayer.**

Help us to proclaim the good news of salvation,  
and grant us the needful gifts of your grace:

**All Lord, hear our prayer.**

Let us commend the world, for which Christ prays,  
to the mercy and protection of God.

*Open prayer may be offered and silence is kept.*

*The Collect is said.*

O God the King of glory,  
you have exalted your only Son Jesus Christ  
with great triumph to your kingdom in heaven:  
we beseech you, leave us not comfortless,  
but send your Holy Spirit to strengthen us  
and exalt us to the place where our Savior Christ is gone before,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Amen.**

### ***Lord's Prayer***

Being made one by the power of the Spirit,  
let us pray with confidence as our Savior has taught us

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.**

**And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
and the power and the glory,  
for ever and ever.  
Amen.**

## ***The Conclusion***

May the Spirit kindle in us the fire of God's love.  
**All Amen.**

Let us bless the Lord. Alleluia. Alleluia.  
**All Thanks be to God. Alleluia. Alleluia.**

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